

We support **MEAT FREE**









TRAFFORD SCHOOL



TRAFFORD

Monday

uesday

Wednesday

Thursday

Friday

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Macaroni Cheese

Mango Smoothie

Vegan Meatballs

Green Beans and Sweetcorn

Rice, Salad, Peas and Sweetcorn

Roast Chicken Dinner with Gravy

Roast Potatoes, Cauliflower and Broccoli

Pork and Carrot Meatballs

Apple Crumble & Custard

Quorn Vegan Fillet

Vegan Sausage Roll

Omega 3 Fish Fingers

Mini Round Omelette

Chips, Baked Beans

Peas and Carrots

Fruit Jelly

Strawberry Angel Delight **Homemade Sausage Rolls**

WEEK 1	Mondays
Cheese & Tomato	Pizza

WEEK 2	WEEK 3
Pasta Carbonara	Cheese and Tomato Panini
Cheese and Potato Pie	Cheese Whirl
Peas and Sweetcorn	Rice, Carrots and Green Beans
Strawberry Ice Cream	Orange Smoothie
Beef Burger in a Bun	Sticky BBQ Chicken Wrap
Quorn Burger in a Bun	Vegan Spaghetti Bolognese
Wedges and Sweetcorn	Cauliflower and Peas
Blueberry Muffins	Fruit Jelly
Roast Chicken Dinner Yorkshire Pudding	Roast Turkey Diner
Quorn Vegan Fillets	Quorn Vegan Fillets
Roast Potatoes, Broccoli, and Carrots	Roast Potatoes, Broccoli, and Sweetcorn
Jam Doughnuts	Vanilla Shortbread
Spaghetti Bolognese	Pork Sausages
Quorn Bolognese	Quorn Sausages
Garlic Bread, Sweetcorn and Cauliflower	Diced Potatoes, Carrots and Peas
Chocolate Chip Cookies	Banana Bread
Salmon Fish Cakes or Battered Fish	Battered Fish
Vegetable Samosa's	Vegan Fishless Fingers
Chips, Baked Beans	Chips, Sweetcorn and Beans



Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with **Beans or Cheese**

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Sandwiches

Our chicken and milk are Food Standards Assured and we only use Lion **Quality Eggs**



Flapjack



Chocolate Cake

Lemon Drizzle Cake