



Trafford Family Hub Network

You may have seen in the media this week an announcement about the roll-out of 'Best Start Family Hubs' across the UK, designed to offer support to parents in areas such as early-years education, health services, and mental health support.

We're pleased to say that some of this activity is already well underway in Trafford, and in advance of the upcoming school holidays, we would like to share details of support available to families, both digitally and in person, via our Family Hub Network. Please find more details below:

Download the Trafford GM Family Hub App!

The new GM Family Hub app offers free help for parents and carers in Trafford and is tailored to your child. Download it today using the links below!

The app gives you trusted advice in 75 different languages for every stage of parenting – from pregnancy to teenage years, covering:

- Babies and toddlers
- Children and teens
- Special educational needs and disabilities
- Family health and wellbeing
- Women's health

Just search **GM Family Hub** in your app store. When you log in and add your postcode, you'll see Trafford-specific information and support.

Download the GM Family Hub app here: [Android](#)/ [Apple](#)



Family Hub What's On Guides

There are activities taking place for families every day of the week across our Family Hub Network.

Our What's On guides provide details of many activities going on in each of Trafford's four neighbourhoods, from baby massage to stay and play to parent support groups and school holiday activities.

[What's on in North Trafford](#) (Stretford & Old Trafford area)

[What's on in Central Trafford](#) (Sale area)

[What's on in West Trafford](#) (Flixton, Urmston, Partington area)

[What's on in South Trafford](#) (Altrincham & Timperley area)

These what's on guides showcase the wide range of activities that are available for Trafford families. Some are run by external organisations and the Council's sole involvement in these activities and settings is circulating information to the public. The Council is not responsible for the delivery or management of these activities.



Trafford Family Hubs – Stretford & Partington

We have two dedicated Family Hubs now up and running. These are managed by our Trafford Families Team and are buildings that are just for children, young people and families.

They are currently open 8.30am to 4.30pm

Family Hub at 9 Poplar Road, Stretford, M32 9AN

T: 0161 912 5020

Family Hub at 106 Central Road, Partington, M31 4FL

T: 0161 912 2122



We are in the process of introducing more Family Hub spaces across the borough – look out for more news on that in the autumn.

Start for Life Booklet

We've created a booklet called **Start for Life** to support you through your child's early years. It's full of helpful tips and trusted advice for the first 1,001 days – from pregnancy to your child's second birthday. This is a key time for your baby's growth and development.

The booklet shows you where to find support and services in Trafford, all in one place.

You can download it from our [Family Hub Network web page](#)



More information

You can find more information about Trafford's Family Hub offer [here on our website](#).

Any families looking for information, support or advice can call our Family Hubs on the following numbers and speak to one of our team:

- [0161 912 5020](tel:01619125020) (North & Central)
- [0161 912 2122](tel:01619122122) (South & West)

Or you can access support in your local neighbourhood by email

North – North.FamilyHub@trafford.gov.uk (Stretford & Old Trafford area)

Central – Central.FamilyHub@trafford.gov.uk (Sale area)

West – West.FamilyHub@trafford.gov.uk (Flixton, Urmston, Partington areas)

South – South.FamilyHub@trafford.gov.uk (Altrincham & Timperley area)

This is just the start of our Family Hub Network activity – we will be back in touch in the Autumn Term with more information so please look out for the next update.

