



All our **Beef** is from the **UK** or **Ireland** and we can **trace every cut of meat** back to the **Farms of Origin**

Plant
Power
Monday



All our **fish** is **MSC approved** and all our **bananas** and **sugar** are **Fair Trade**



We Serve
15,000 meals
per day, that's
2850,000
per year!



TRAFFORD SCHOOL LUNCH



Available Daily

Fresh Salad (VE)

Jugs of Water

Yoghurt (V)

Fresh Fruit (VE)

Jacket Potato
Beans (VE) or
Cheese (V)



WEEK 1

WEEK 2

WEEK 3

Monday

Margarita Pizza (V)
Tomato Power Pasta (VE)
Broccoli, Mixed Salad, Coleslaw (V)
Frozen Fruit Smoothie (VE)

Margarita Pizza (V)
Tomato Power Pasta (VE)
Peas, Mixed Veg & Rainbow Slaw (V)
Frozen Fruit Smoothie (VE)

Margarita Pizza (V)
Cheesy Creamy Pasta Bake (V)
Green Beans, Mixes Salad & Coleslaw (V)
Frozen Fruit Smoothie (VE)

Tuesday

Butchers Sausages & Mash Potato
Plant Power Sausages & Mash Potato (VE)
Carrots and Cream Beans (VE)
Fresh Fruit and Yogurt (V)

Homemade Sausage Roll
Planet Powered Breakfast Brunch (V)
Baked Beans & Potato Waffle (VE)
Fresh Fruit and Yogurt (V)

Chicken Korma Curry
Vegetable Sunshine Korma (V)
Basmati Rice & Naan Bread (VE)
Fresh Fruit and Yogurt (V)

Wednesday

Cottage Pie
Quorn Cottage Pie (VE)
Peas & Sweetcorn (VE)
Apple Crumble & Custard (V)

Beef Meatballs Tomato Pasta Sauce
Super Saucy Plant Based Meatballs (VE)
Mixed Salad & Garlic Bread (VE)
Mixed Berry Whip (V)

Butcher's Beef Burger in Bun
Big Bold Bean Burger (VE)
Sweet Potato Wedges, Peas, Mixes Salad (VE)
Ice Cream Tub (V)

Thursday

Pulled Chicken Tikka Wrap
Hearty Cheese and Onion Frittata (V)
Mixed Salad & Bombay Potatoes (VE)
Angel Delight (V)

Roast Chicken Dinner, Yorkshire Pudding
Quorn Roast Dinner (V)
Carrots & Cauliflower (VE)
Fruit Jelly (VE)

Sweet and Sour Chicken
Crunchy Sweet and Sour Veg Power Plate (VE)
Vegetable Noodles (V)
Oat Biscuits (VE)

Friday

Harry Ramsden Fish Fillet or Salmon Fish Cake
Crispy Quorn Ocean Fillet (VE)
Chips & Baked Beans (VE)
Double Chocolate Brownie (V)

Fish Fingers or Tuna Wrap
Crispy Quorn Ocean Fillet (VE)
Chips and Baked Beans (VE)
Raspberry Muffins (V)

Fish Fingers or Tuna Melt Panini
Crispy Quorn Ocean Fillet (VE)
Chips and Baked Beans (VE)
School Sprinkle Cake (V)



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We can **bespoke our menu's** to reflect your children's **dietary needs**, so that school meals can be **enjoyed by all children**